

CHICKEN WOK WITH SPICED COUSCOUS





15 min.



INGREDIENTS

1 bag of TIPIAK Spiced Coucous
500g. chicken breast (sliced into strips)
1 red pepper (chopped)
3 green onions (sliced into strips)
3 tbsp. vegetable oil
300ml. water
1 bag TIPIAK Spiced Couscous
100g. cashew nuts
125g. snow peas (strings removed)
Salt, pepper

COOKING INSTRUCTIONS

I. In a wok or large frying pan add the oil followed by the chicken, red pepper and the green onion. Add the water and cook for a few minutes until chicken is opaque and cooked through. Remove from heat, and pour in the Spiced Couscous. Cover and set aside 5 minutes. Remove cover, add in the snow peas and the cashew nuts. Return to medium heat, stir ingredients together and cook an additional 3-4 minutes. Serve immediately.